How to Find Us

Visitors have access to car parks in Hospital Lane and Back Lane although spaces are limited. There are two car parking spaces available for disabled drivers at the main entrance of Yeatman Community Hospital.

Please do not drive until advised by the eye doctor in the clinic.

You may use the eye as much as you wish but if the bright light hurts, then wear dark glasses.

Our aim is to make your visit to the hospital as pleasant as possible and please do not hesitate to ask if you have any worries.

If you require admissions advice, please contact:

Admissions Officer
☎ (01935) 384565

If you require any medical advice, please contact:

The Eye Nurses
☎ (01935) 384679
On the Day of Your Operation

When you arrive, please go to the main reception desk in the old building. The receptionist will direct you to the Castleton Day Unit. The nursing staff will greet you and check your details.

Please wear loose clothing, ie, open neck blouse or shirt.

It is important to carry on with any eye drops which you are currently using. You should continue to take all your normal medications. If you are a diabetic, you will receive further instructions regarding your diabetic medications.

Depending on the surgery you are having, you may need to have eyedrops instilled one hour before surgery. If you have any questions or worries, please ask the doctor or your nurse.

Do not wear any make-up or nail/toe polish.

The Anaesthetic

Eye operations are carried out under local anaesthetic. This involves some injections to deaden the area around the eye to be operated on. The injections may sting for a few seconds only. You will need to lie flat and quite still for up to three-quarters of an hour while the operation is performed. During this time, a nurse will hold your hand.

After the Operation

The eye will be covered by a shield and will be checked by the nurse before you go home.

You will be seen again in outpatients by a doctor approximately 2 weeks after your operation.

The Convalescence Period

Usually the vision in your operated eye improves almost immediately after the operation. However, it may take about one month before the focusing has stabilised completely, after which time you will need an eye test and possibly a change of spectacles, which can be arranged by your optician. We will advise you when this is appropriate.

For the first week after the operation, you should avoid any severe exertion such as lifting heavy objects or digging the garden. You should avoid getting shampoo in your eye when you wash your hair. Avoid rubbing the eye.

On the day of surgery, we will give you a protective shield. You should wear this at night for 2 weeks.