

Cold Coagulation

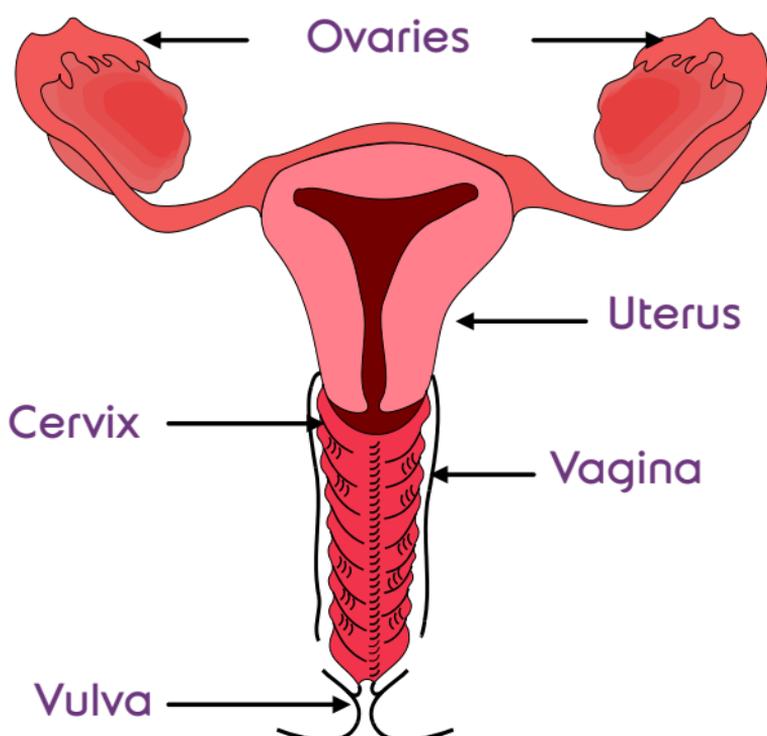
Gynaecology department

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yeovilhospital.nhs.uk

The logo for Yeovil Hospital Healthcare, featuring a stylized 'Y' inside a circle with a rainbow-colored border.
Yeovil Hospital
Healthcare

Treatment information

You have been asked to come in for a procedure called cold coagulation. This is done because your biopsy report shows an abnormality or because of the appearance of your cervix under the colposcope.



Cold coagulation

This procedure involves the application of heat to the neck of the womb. This burns away the abnormal cells and tissue from your cervix. It usually takes only a few minutes and is performed in the colposcopy suite.

A local anaesthetic will be used to numb the cervix. This may be uncomfortable whilst it is being given but it works very quickly.

During the heat treatment, you should not feel any pain but you may get some generalised period like discomfort.

Practical information

- If you wear a skirt/dress, it will not have to be removed. Bring a pair of socks if you suffer from cold feet.
- Bring someone with you because you may not feel like driving home.
- Parking can be difficult at the hospital so please allow extra time for this.
- This is a minor procedure, however, you may experience some tingling in your legs or light-headedness due to the position in which you lie.
- If you have a coil, we will probably have to remove it prior to your treatment. Therefore, to ensure you do not become pregnant, it is important to use a condom for two weeks prior to your appointment.

When you go home

- It is normal to experience vaginal blood loss. This will change to a brown watery discharge lasting approximately one to six weeks. However, some women do not get any discharge at all.
- If the vaginal bleeding becomes heavy, you begin passing clots or the discharge smells offensive, you are advised to contact your GP immediately as you may need a course of antibiotics.
- You are advised to wear sanitary towels rather than tampons until after your period.
- You are advised to avoid sexual intercourse until the discharge has stopped. This allows for the healing process to take place.
- Any follow-up appointment required at the hospital will be organised closer to the date.

More information

If you need help or advice, please contact

The Colposcopy Unit

01935 384622

Monday to Thursday 8am to 5pm
(answer phone outside clinic hours)

Useful websites

www.jotrust.co.uk

www.cancerscreening.nhs.uk

www.womenshealthlondon.org.uk

www.bsccp.org.uk

**If you need this leaflet
in another format, eg.
large print or a different
language, please ask a
member of staff.**

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