

## Appointments

If you cannot keep your appointment, or if you are going to be late, please telephone the Colposcopy Unit Administrator on 01935 384 622.

Any further appointment will be posted to you.

If you require further information please contact:

### Gynae Fast Track Clinic

Tuesday to Friday  
01935 384 454  
07557 313 816

### Colposcopy team

Monday to Thursday  
01935 384 622

### Jasmine Ward

Weekends and evenings  
01935 384 301

If you need this leaflet in another format, eg. large print or a different language, please ask a member of staff.

Yeovil District Hospital  
NHS Foundation Trust  
Higher Kingston  
Yeovil  
Somerset  
BA21 4AT



# Fast track outpatients ultrasound scan and hysteroscopy clinic

Gynaecology department

01935 475 122  
[yeovilhospital.nhs.uk](http://yeovilhospital.nhs.uk)

Ref: 14-16-137  
Review: 01/18

01935 475 122  
[yeovilhospital.nhs.uk](http://yeovilhospital.nhs.uk)



We offer you two clinic appointments for the fast track gynaecology clinic. You will be in the hospital for approximately one hour 30 minutes.

On arrival, please check in at the reception desk on the ground floor of the Women's Health and Maternity Unit.

### Clinic: Ultrasound scanning

**Date:**                      **Time:**

Please attend with a full bladder (see the letter you should have had from the radiology department regarding how much to drink)

Following the scan, the nurse will take you to the consulting room.

### Clinic: Gynaecology

**Date:**                      **Time:**

The consultant or their deputy will discuss with you your present problems, signs, symptoms and past medical history, as well as the ultrasound result.

The doctor will then examine you, this will be similar to having a cervical smear taken and then your tummy will be felt. You will need to remove your underwear from your lower half, so if you wear a skirt this can stay on. You will be chaperoned by a nurse.

An endometrial sample is usually taken - this involves using a 3mm thin tube inserted through the cervix into the womb and with suction, a sample is taken. This can give you period-like discomfort.

### What is outpatient hysteroscopy

Hysteroscopy is the technique of inspecting the cavity of the uterus (womb) under direct vision. This is done by using a hysteroscope (small telescope) which is inserted via the vagina and cervix (neck of the womb). Attachment of a small video camera to the telescope allows monitoring on a television screen. The procedure itself is not particularly uncomfortable. A local anaesthetic may be used.

The endometrial sample may be taken after the hysteroscopy.

You may eat and drink as normal prior to the appointment.

### At the end of your appointments the doctor will give you:

- the findings of the examination performed (except for the results of any biopsies as these take longer)
- advice and any recommendations for treatment

Sometimes the doctor is unable to perform this procedure under local anaesthetic and he/she will arrange for it to be performed at a later date under general anaesthetic. You may also choose to have it performed under general anaesthetic and the risks involved will be explained to you.

### What happens afterwards

We like you to sit in the Day Room for at least a 15 minutes before leaving. A cup of tea, coffee or a cold drink will be available.

Slight bleeding after the hysteroscopy is normal and you may have to wear a pad (not tampon) for a day or two. It is advisable to be driven home and rest for the remainder of the day.

A copy of the GP letter will be sent to you unless you request not to receive one.

### Complications

Complications after this type of operation are unusual. However, do get in touch with your own GP if you have any of the following:

- Prolonged heavy bleeding
- Passing clots
- An offensive discharge
- Fever
- Severe pain