

# FOPAS

## Frail Older Person's Assessment Service

'Seen at the right time, by the right person,  
in the right environment.'

01935 384847 / 384848  
[Yeovilhospital.nhs.uk](http://Yeovilhospital.nhs.uk)

The logo for Yeovil Hospital Healthcare, featuring a stylized 'Y' inside a circle with a rainbow-colored border.

Yeovil Hospital  
Healthcare



## What we do

Our aim is to support any person with one or more of the following frailties:

- Falls
- Has reduced mobility
- Has to take multiple medications
- Has delirium and/or dementia
- Needs end of life care

## What is FOPAS

FOPAS is an assessment unit with six cubicles and is led by a team of dedicated medical professionals, consisting of a consultant, doctor, sister, staff nurse, assistant practitioner, pharmacist, occupational therapist, physiotherapist and unit clerk.

The assessment service can provide timely decision-making with an holistic overview for frail older patients in a hospital setting which supports GP colleagues through rapid access clinic and assessment. It also aims to improve links with community services taking care of the older patient.

## Opening hours

Monday	9am to 6pm
Tuesday	9am to 6pm
Wednesday	9am to 6pm
Thursday	9am to 6pm
Friday	9am to 6pm
Saturday	9am to 6pm



## Discharge support

FOPAS also provides a Discharge Support Service, run by the British Red Cross. This is a non-personal care service for people on FOPAS who:

- Require support in the transition from hospital to home
- Need short term follow up support at home or help setting up longer term support

Discharge support workers might:

- Take you home from hospital and help you settle in
- Support you while on the FOPAS ward with emotional support, befriending and reassurance if you need it
- Provide a short term follow up support service either in person or by telephone
- Support you to access services for on-going support

## Contact us

**FOPAS Unit                      01935 384847 / 384848**

**Phone numbers for the staff are:**

**Dr Rani Sophia                      07825 385682    Consultant**

**Sharon Field                        07788 924286    Sister**

**If you need this leaflet in another format,  
eg. large print, please telephone **01935  
383077.****