

NHS

Having a circumcision

Urology department

01935 384 345

01935 384 227

yeovilhospital.nhs.uk



Yeovil Hospital
Healthcare

A circumcision is an operation to remove the foreskin, the loose fold of skin covering the bulbous end (the glans), of the penis.

Much of the skin is removed and the remainder is stitched to the base of the glans using dissolvable stitches.

The operation may be done under a general or a local anaesthetic.

If you are having a general anaesthetic

You may eat a light breakfast such as tea and toast before 7.30am and should have a non-milky drink eg., water, tea, coffee (with sugar if desired), apple juice or a fizzy drink at 11am and then nothing after this time.

If you are having a local anaesthetic

You may eat and drink normally.

Regular medication

Do continue to take any regular medication which has been prescribed for you and if you are a diabetic you should contact the Diabetes Sister at the hospital by calling 01935 475 122 and asking for extension 2157.

On the day

When you are admitted to the Day Theatre a doctor will discuss the operation with you, give you an opportunity to ask questions and ask you for your written consent. You may also be seen by an anaesthetist.

After the operation

After your operation, when you are fully recovered, you will be able to go home.

If you have had a general anaesthetic, you may feel drowsy so it is essential that someone is available to collect you and to stay with you overnight.

The wound may be wrapped with a light dressing, and occasionally ointment, which you may remove the next day when you have your bath or shower.

Soap and water is entirely adequate and you may wash as often as you wish.

A small amount of blood on the dressing is quite normal and is nothing to worry about.

You may return to work as soon as you feel up to it and you may resume your sex life after four weeks.

**If you have any questions
please contact the Urology
department on either of the
numbers below:**

01935 384 354

01935 384 227

**If you need this leaflet
in another format, eg.
large print or a different
language, please ask a
member of staff.**

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