

# Trial without catheter (TWOC)

Urology department

A thick green horizontal line that ends in a stylized ECG (heart rate) waveform on the right side.

Urology Clinical  
Nurse Specialists

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[yeovilhospital.nhs.uk](http://yeovilhospital.nhs.uk)



Yeovil Hospital  
Healthcare

The catheter is removed in the morning and you will see the nurse again later that day. The time you return will vary from patient to patient.

We sometimes refer to having a catheter removed as TWOC (Trial Without Catheter).

The catheter is held in place by a small balloon which is inflated with water. For removal, a syringe is attached to the valve at the end of the catheter to deflate the balloon, then the catheter is gently pulled out.

This is not usually painful, though you may feel a little discomfort.

If you use a "flip flo" valve with your catheter, please do not empty your bladder prior to your appointment.

Once the catheter has been removed, you will be asked to drink and then it is simply a matter of waiting to see if you are able to pass urine.

You will be asked to keep a record of your fluid input and output during the day.

The nurse will give you a chart to keep a record. Some patients choose to go home and come back later, while others go to the hospital's Canteen Restaurant or coffee shop.

Finally, you will have a simple scan of your bladder to see how well it is emptying.

If you are unable to pass urine, you will need to have the catheter put back in.

Arrangements for your future management will then be discussed with you before you leave the hospital.

**For further information or advice**

**Clinical Nurse Specialists (CNS)  
01935 384 394**

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in another format, eg.  
large print or a different  
language, please ask a  
member of staff.**

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